

#### Home Care for Oral Devices:

- Continue to brush your natural teeth and gums as directed by your dentist.
- Clean your appliance daily. Rinse under warm running water with antimicrobial hand soap with a soft brush
- You may use a denture cleaner to soak your appliance. We recommend Polydent Dental Appliance Cleaner
- DO NOT use bleach, toothpaste or similar cleaning products, as they may scratch or discolor the surface of your appliance.